

2023



BANQUETS





LUNCHEONS

STARTING FROM \$45

Luncheons include assorted breads with dairy butter, entrees served with roasted potatoes and a medley of seasonal vegetables, coffee, tea, and bottled water.

Buffet Lunch

2 Salads, Pasta, Entrée and Assorted European Pastries

Served Lunch

Salad, Single or Duo Entrée and Dessert

Minimum numbers apply – groups with less than the minimum may be subject to a function room rental.
Prices subject to 13% HST and 18% Service Charge.

DINNER BANQUETS

Banquets include assorted breads with dairy butter, entrees served with roasted potatoes and a medley of seasonal vegetables, coffee, tea, and bottled water.

Buffet Dinner

Weekday (Mon-Thurs) | Starting from \$55

Friday and Sunday | Starting from \$60

Saturday | Starting from \$65

Chef' selection of passed Hot and Cold Hors D'oeuvres, Antipasto Bar, 2 Pastas, 2 Entrees, Assorted Pastries & Sliced Fresh Fruit

Served Dinner - Option 1

Weekday (Mon-Thurs) | Starting from \$50

Friday and Sunday | Starting from \$55

Saturday | Starting from \$60

Chef' selection of passed Hot and Cold Hors D'oeuvres, Appetizer, Single or Duo Main Entrée, Dessert

Served Dinner - Option 2

Weekday (Mon-Thurs) | Starting from \$55

Friday and Sunday | Starting from \$60

Saturday | Starting from \$65

Chef' selection of passed Hot and Cold Hors D'oeuvres, Appetizer (Soup, Salad or Plated Antipasto), Pasta, Single or Duo Main Entrée, Dessert

Minimum numbers apply – groups with less than the minimum may be subject to a function room rental.
Prices subject to 13% HST and 18% Service Charge.



RECEPTIONS

Standard | Chefs selection of passed butler style (based on 4 pieces per person)



Premium | Ask your sales professional for pricing (based on 4 pieces per person)

CANAPES AND HORS D'OEUVRES

CANAPES

Prosciutto Rosette, Smoked Chicken Mini Pita, Herbed Goat Cheese Baguette, Shrimp Salsa on a Cucumber, California Roll , Assorted Tortilla Roll Lobster Crepe, Thai Chicken Phyllo Cup, Goat Cheese Truffle on Tulip, Smoked Trout Fresh and Vegetable Tamaki

HOT HORS D'OEUVRES

Beef Empanada, Country Sausage Roll, Coconut Shrimp, Jalapeño Cream Cheese Poppers, Vegetable Spring Rolls, Smoked Salmon Phyllo, Breaded Pickle Spears, Mini Beef Wellington, Stuffed Crab Claw, Imperial Deep Fried Duck Bundle, Lemon Grass Shrimp Skewer , Fig and Goat Cheese Tart, Beef and Chicken Satay and Wild Mushroom Tourtiere

RECEPTION STATIONS

ANTIPASTO BAR

Greek salad, chickpea salad, assorted marinated olives, mushrooms sott'olio, fire grilled peppers, zucchini, eggplant, caprese salad, platter of assorted cheeses and cured meats including freshly sliced prosciutto. Accompanied with freshly baked breads.

ANTIPASTO BAR DELUXE

Assorted imported and domestic cheeses garnished with seedless grapes and figs. Greek village salad, chickpea salad, assorted marinated olives, mushroom sott'olio, fire grilled peppers, zucchini, eggplant, caprese salad, assorted cured meats including freshly sliced prosciutto. Norwegian smoked salmon, seafood salad, mussels alla marinara, Italian sausage with sautéed peppers and onions. Accompanied with freshly baked breads and Mediterranean spreads.

CHARCUTERIE BOARD

Assorted selection of salumi and gourmet cheeses with sweet and savoury antipasto items. Served with assorted flatbreads, crackers, bread sticks and focaccia spears.

CHEESE AND FRUIT DISPLAY

Selection of fine domestic and imported cheeses garnished with seedless grapes and served with assorted crackers and flatbreads.

CRUDITE PLATTER WITH DIP

An array of fresh vegetables served with our signature dips.

LIVE OYSTER STATION

Freshly baked oysters Rockefeller.

Freshly shucked oysters on a half shell with seafood sauce, lemons, horseradish.

Oyster shots (fresh oyster in a shot glass with gremolata sauce)

LIVE PASTA STATION

Chef to prepare a choice of pasta. Served with signature sauces and a variety of fresh ingredients for guests to choose from.

LIVE PORTUGUESE STATION

Portuguese chouriço, morcella, with corn bread, fresh cow cheese, green and black olives, fava bean and chickpea salad, freshly baked focaccia.

LIVE PROSCIUTTO STATION

Freshly sliced prosciutto, melon, honeydew, bocconcini cheese, grilled vegetables, green and black olives, fava bean and chickpea salad and focaccia.

MEZZE STATION

Hummus, baba ghanoush, tabbouleh, green and black olives, fresh pita, dolma, falafel, artichokes with lemon za'atar dipping sauce.

MUSSELS

Steamed mussels in Chardonnay sauce.

RAW BAR

A fresh selection of oysters, shrimp cocktail and smoked salmon. Displayed on ice and served with lemon wedges and traditional condiments.

SUSHI STATION

A fresh selection of sushi, sushi rolls and sliced sashimi. Served with soya sauce, wasabi and ginger (chopsticks included).

TRIO OF SOUP STATION

Lobster bisque, cream of collard and potato leak, accompanied with mini brioche crostini and grilled corn bread.

APPS

Our team strives for excellence in the service we provide.
Our attention to detail and value always comes first.



PLATTERS

Served Centre Table

Antipasto Platter

Prosciutto, hot and mild cacciatore, mortadella, assorted olives, mini caprese skewers and asiago cheese.

Mezze Platter

Assorted fresh vegetables, olives, feta, hummus, olive tapenade, pita points, focaccia spears and assorted flatbreads.

Mediterranean Spreads

Consisting of hummus, baba ghanoush and olive tapenade. Served with pita points, focaccia spears and assorted flatbreads.

Portuguese Platter

Portuguese chouriço and morcella with corn bread, fresh cow cheese and olives.

PLATED ANTIPASTO

Served Per Person

Antipasto Classico

Freshly sliced prosciutto, melone, bocconcini, grilled vegetables and olives.

Antipasto Di Mare

Freshly sliced prosciutto, melone, bocconcini, grilled vegetables and seafood salad.

Coquilles St. Jacques Shrimps and Scallops

In a creamy sauce on a natural shell with mashed potatoes and herb crust.

Shrimps and Scallops

Wrapped in a savory crepe with a lobster sauce.

Smoked Salmon

With beetroot topped with capers and dill served in a creamy mustard dressing.

Sliced Heirloom Tomato

With mozzarella di bufala, basil, arugula and olive oil.

SOUPS

Broccoli Brie, Butternut Squash, Chicken and Rice, Chickpea and Rapini, Cream of Broccoli or Wild Mushroom, Cream of Pumpkin, Fire Roasted Tomato Bisque With Basil Oil Drizzle, Garden Fresh Minestrone Drizzled With Basil Pesto, Hearty Vegetable With Noodles, Lobster Bisque, Portuguese Caldo Verde, Portuguese Style Shrimp Bisque, Red Kidney Bean Soup, or Yukon Gold Potato and Leek With Chives and Crème Fraiche

SALADS

- I. Arugula with roasted pear, candied walnuts, cherry tomatoes, julienne of carrots served in a roasted shallot vinaigrette.
- II. Medley of organic greens with julienned carrots, cucumber, popcorn shoots, red cabbage and micro greens with lemon grass vinaigrette.
- III. Tossed salad with mixed lettuce, tomato, cucumber, julienne carrots served in a balsamic vinaigrette.
- IV. Greek salad with iceberg lettuce, feta, Kalamata olives, tomato, cucumber, green pepper, red onion served in an oregano vinaigrette.
- V. Caesar salad with romaine lettuce, fresh croutons, parmesan, bacon bits and homemade dressing.

PASTAS

DRY PASTA

Penne | Fusilli | Farfalle | Casarecce | Rigatoni | Fettuccine

STUFFED PASTA

Tortellini di Ricotta | Ravioli di Ricotta | Agnolotti di Ricotta

SAUCES

Alla Panna [Cream sauce]

Al Sugo [Plum tomato and fresh basil sauce]

Rose Sauce [Cream infused tomato sauce]

Pesto [Fresh basil, crushed garlic, olive oil, pecorino cheese]

Alla Vodka [Rose sauce with bacon and vodka sauce]

Alla Bolognese [Tomato sauce with ground beef]

Primavera [Rose or al sugo with a medley of fresh vegetables]

RISOTTO

Mushroom Risotto | Asparagus Risotto | Lobster and Saffron Risotto*

Butternut Squash and Pancetta Risotto

Lemon and Baby Spinach Risotto

FAVOURITES

Casarecce al funghi in a light cream sauce.

Giglio pasta with bacon and roasted vegetables in a cream sauce.

Penne with bacon, cherry tomato in a pesto cream sauce.

Fettuccine with roasted garlic, croutons and rapini.

Penne primavera, medley of vegetables in a tomato sauce.



ENTRÉES



10 OZ VEAL
CHOP SERVED WITH
A PEPPERCORN
SAUCE

SAUCES

Chardonnay, Madeira, Marsala,
Merlot, Tarragon Cream,
White Wine, Creamy
Peppercorn Brandy, Rosemary,
Morel Mushroom Sauce

BEEF SELECTIONS

[*] PREMIUM CHARGES APPLY

Ask your sales professional for buffet friendly entrées

Veal Chop (10oz)*

French cut veal served with a cabernet sauce.

Beef Tenderloin (6oz)*

Porcini crusted tenderloin with a merlot reduction.

Sirloin Steak (8oz)

Slow cooked, braised beef served au jus.

Prime Rib of Beef (10oz)

Perfectly aged prime rib slow roasted and served au jus.

New York Striploin (8oz)

Served with a peppercorn sauce.

Rib Eye (8oz)

Grilled rib eye steak marinated with rosemary, olive oil and fresh garlic.



POULTRY SELECTIONS

Supreme Breast of Chicken (8oz)

Roasted to perfection and served with a rosemary infused natural jus.

Stuffed Breast of Chicken

Roasted to golden brown and served with a brandy reduction sauce stuffed with choice of:

Sundried Tomatoes and Ricotta Cheese | Baby Spinach and Asiago Cheese | Wild Rice Blend and Mushrooms | Mushroom and White Cheddar | Brie, Pesto and Sundried Tomato | Spinach and Ricotta | Black Olive, Tomato and Goat Cheese | Goat Cheese and Artichoke

Chicken Parmigiana

Breaded breast of chicken served with a tomato sauce and topped with melted mozzarella cheese.

Chicken Piccata

Served with capers in a white wine sauce.

Chicken Scaloppini

Served with a marsala mushroom sauce.

Cranberry and Pumpkin Seed Crusted Supreme Breast of Chicken

Herb Crusted Breast of Chicken

Jerk Breast of Chicken

Chicken Cordon Bleu

Stuffed with ham and swiss cheese and served with a cream sauce.

Rock Cornish Hen*

Stuffed with wild rice and mushrooms served with a thyme infused natural jus.

FISH SELECTIONS

Seared Trout (6oz)

Served with a mango salsa.

Portuguese Baked Cod (6oz)*

Served with a tomato sauce with onions and sweet green bell peppers.

Breaded Filet or Sole or Cod Loin (6oz)

Served with a pimento butter sauce.

Pan Seared Salmon Filet (6oz)

Served with a creamy dill sauce or a creamy shrimp lobster sauce.

Seared Orange Roughy or Corn Crusted

Escovitch Red Snapper

Panko Crusted Haddock Filet with a White Wine Cream Sauce

Bacalhau a Bras

Portuguese cod and potato dish.

DUO ENTREE SELECTIONS

(Choice of 2)

Bacon Wrapped Filet Mignon

Veal Medallion

Rack of Lamb (Two Bone)

Braised Beef Short Rib (Boneless)

Veal Scaloppini

Sirloin Steak

California Cut Striploin Steak

Seared Chicken Breast

Supreme Breast of Chicken

Three Jumbo Shrimp

Salmon Filet

VEGETARIAN

Ratatouille with Polenta Rounds VEGAN

Oven Baked Eggplant Parmigiana

In a tomato and basil sauce.

Spinach and Feta Strudel

Wrapped in a puff pastry and served with a mushroom sauce.

Potato Gnocchi with Roasted Artichokes, Peppers and Olives

Served in a tomato basil or cream sauce.

Roasted Vegetable and Goat Cheese Strudel

Wrapped in puff pastry with zesty tomato sauce.

Ginger Vegetable and Tofu Stir-Fry VEGAN

With steamed rice

Risotto and Grilled Vegetable Tower

With a balsamic glaze.

SIDES

Medley of Seasonal Market Vegetables

Choice of One:

Rosemary Roasted Mini Red Potatoes

Parisienne Potatoes

Yukon Quarter Cut Potatoes

Fingerling Potatoes

Tomato Rice, Butter Rice or Basmati Rice

SEAFOOD PLATTERS

Calamari

Battered and crispy calamari served with lemon wedges and a lemon-basil sauce.

Fritto Misto

Shrimp, calamari rings and filet of sole, dusted, seasoned lightly and crisped. Served with lemon wedges and a lemon-basil sauce.

Seafood

Shrimp, scallops, squid, clams and mussels served in a white wine and light tomato sauce.

Deluxe Seafood

Cooked lobster, dungeness crab, tiger shrimp, clams and mussels cooked in white wine and garlic.



DESSERT MENU

Apple Blossom a la Mode

Served warm and drizzled in a caramel sauce and served with French vanilla ice cream.

Bolo De Bolacha

(Tia Maria Cake)

Caramel Crunch

Layers of meringue with caramel and a decadent chocolate sauce.

Coconut Panna Cotta

With assorted fresh berries.

Crepe Gelato

Crepe filled with French vanilla ice cream and served in a berry coulis drizzled with a decadent chocolate sauce.

New York Style Cheesecake

With fresh strawberry coulis.

Peach Melba

Served with French vanilla ice cream, peaches, strawberry coulis, whipped cream and cigar wafers.

Raspberry Chocolate Tartufo

Served with a mango coulis and fresh berries.

Tiramisu

Served with a berry compote.

Vanilla Bean Crème Brûlée

Topped with assorted fresh berries.

Warm Apple Crumble

With French vanilla ice cream.

Warm Flourless Lava Cake

Topped with french vanilla ice cream.

White and Dark Chocolate Mousse

Served with fresh berries.

Platter Per Table of Seasonal Sliced Fresh Fruit

Platter Per Table of Assorted Freshly Baked European Pastries

LATE NIGHT STATIONS



BELGIAN CHOCOLATE FOUNTAIN

Decadent chocolate, fresh selection of strawberries, golden pineapple, honeydew, cantaloupe, pretzel bites, lady fingers, profiteroles and cinnamon sugar dusted funnel cake fries.

LIVE MALASADA STATION

Traditional Portuguese and Hawaiian style donuts deep fried and coated with granulated cinnamon sugar, filled with choice of custard or chocolate cream.

LIVE MINI DONUT STATION

Hot, freshly fried mini donuts made by our mini donut machine while your guests watch. The mini donuts are lightly sprinkled with your guests' choice of cinnamon sugar, vanilla, chocolate, raspberry and powdered sugar.

LIVE NITROGEN ICE CREAM STATION

Watch your ice cream come to life, as it is freshly made using the nitrogen method. Build your sundae with an assortment of toppings; caramel, chocolate, strawberry sauce, chopped nuts, sprinkles and chocolate chips.

SWEET TABLE

Assorted pastries, assorted whole cakes, freshly sliced seasonal fruits and custard pudding.
(Number of cakes to be determined by final guest count).

SWEET TABLE DELUXE

Selection of decadent pastry miniatures to include assorted cakepops, chocolate mousse, cheesecake squares, chocolate covered strawberries, mini crème brûlée, tiramisú and bolo de bolacha.

LIVE WAFFLE AND CREPE STATION

Fresh belgian waffles and crepes with nutella, sliced bananas, berries, assorted ice cream, caramel and chocolate sauce, assorted nuts and diced fresh fruits.



SEAFOOD BUFFET

Cold lobster halves, dungeness crab, tiger shrimps, clams, shrimp puffs, codfish croquettes, meat croquettes, chicken fingers, chicken wings, rice a valenciana.

NACHO STATION

Tri-colour nachos with all the trimmings! Guacamole, sour cream, pico di gallo, jalapeños and shredded cheese mix.

PORCHETTA STATION

Roasted porchetta with ciabatta and kaisers, hot banana peppers and traditional condiments 35lbs/roast.

SUCKLING PIG STATION

SHAWARMA STATION

Station attendants to prepare chicken shawarmas on a fresh pita for your guests to enjoy. Accompanied with garlic sauce, hummus, tahini sauce, hot sauce, tomatoes, onion, pickles, and lettuce.

Rotisserie at station sliced live by a chef - Inquire for pricing

TACO STATION

Sizzling chicken or beef strips to fill in soft and hard taco shells with your choice of sour cream, hot sauce, lettuce, pickled jalapeños, chopped fresh tomato salsa, cheddar and Monterey Jack cheese.

ASIAN FUSION

Vegetable chow mein noodles served in an Asian box, with BBQ chicken on the side, mini vegetable and shrimp spring rolls and popcorn chicken.

PIZZA PARLOUR STATION

Fresh from the oven, thin crust pizza's to include: Chicken, spinach, red pepper, Feta cheese, black olives and pesto | Roasted vegetable and goat cheese | Philly cheese steak

CAPTAIN'S FISH AND CHIPS STATION

Beer battered haddock served with our famous in-house F French fries.

POUTINE STATION

French fries, cheese curds, beef or vegetable gravy. Load it up with a large variety of toppings.

SLIDERS STATION

Fresh Angus Beef sliders on mini sesame seed burger bun, grilled chicken and vegetarian on ciabatta buns.

CHICKEN AND WAFFLE STATION

Freshly made waffles topped with southern style fried chicken; Dress it up with a variety of different syrups and sauces.



PREMIUM OPEN BAR

Up to 8 Hours - Includes Juice and Soft Drinks

SPIRIT | LIQUOR | LIQUEUR

Grey Goose Vodka | Wiser's Special Whiskey | Crown Royal | Beefeater Dry Gin | Black Label Scotch Malibu Coconut Rum | Southern Comfort | Sambuca Nostra Dubonnet | Campari | Amaretto Reserve Porto | Cacao Dark Jägermeister | Crème De Banana Polar Ice / Skyy Vodka | Limoncello Canadian Club Whiskey | Dry Martini Lambs White Rum | Anisette Gautier Cognac | Blue Curacao Triple Sec | Jack Daniels | Chivas Regal | Grand Marnier Ballantine's Scotch | Melon Liqueur Peach Schnapps | Dry Vermouth O'Casey's Irish Cream | Grand Marnier | Banana Liqueur Bacardi Dark Rum | Barclay's Brandy Sweet Vermouth | Grappa Stravecchia | Olmeca Gold Tequila Bolivar Coffee Liqueur | Long Island Ice Tea | Grappa Stravecchia Crème de Cacao White

SPECIALTY COCKTAILS

Martini, Pina Colada and Strawberry Daiquiri

IMPORTED and DOMESTIC BEER

Heineken, Stella Artois, MGD, Corona and Guinness, Moosehead, Keith Pale Ale, Coors Light, Molson Canadian, Molson Export, Budweiser and Labatt's Blue.

HOUSE RED AND WHITE TABLE WINES

SPARKING WINE (FOR TOASTING)

SPECIALITY COFFEES

Espresso, Café au Lait, Cappuccino, Macchiato, Spanish, Irish Cream, Bavarian Liquor Coffee, Regular Coffee, Decaffeinated Coffee, Tea and Herbal Teas.

COMPLETE MEETING PACKAGES



For more information: +905 564-1920 or info@mississaugaconvention.com

COMPLETE MEETINGS

All meetings packages include the following:

Freshly brewed 100% Columbian coffee, decaffeinated coffee and select teas. Assorted chilled fruit juices, soft drinks, and bottled water.

PACKAGE ONE

Continuous All-Day Refreshment Station
Continental Breakfast with Sliced Fresh Fruit
Cold Lunch Buffet [Choice of Two Salads,
One Sandwich Option & One Dessert]
Function Room Rental

PACKAGE THREE

Continuous All-Day Refreshment Station
Continental Breakfast with Sliced Fresh Fruit
One Mid-Morning Snack Option
Hot Lunch Buffet [Choice of Two Salads OR
One Soup and One Salad, One Pasta, Two
Entrées Served With Side Dishes
and One Dessert]
One Mid - Afternoon Snack Option
Function Room Rental

PACKAGE TWO

Continuous All-Day Refreshment Station
Continental Breakfast with Sliced Fresh Fruit
Hot Lunch Buffet [Choice of Two Salads OR
One Soup and One Salad, One Pasta, One
Entrée Served With Side Dishes
and One Dessert]
Function Room Rental

PACKAGE FOUR

Continuous All-Day Refreshment Station
Great Canadian Hot Buffet Breakfast
One Mid-Morning Snack Option
Hot Lunch Buffet [Choice of Two Salads OR
One Soup and One Salad, Two Pastas, Two
Entrées Served With Side Dishes
and One Dessert]
One Mid - Afternoon Snack Option
Function Room Rental

Minimum numbers apply – groups with less than the minimum may be subject to a function room rental.
Prices subject to 13% HST and 18% Service Charge.

HALF DAY MEETINGS

All meetings packages include the following:

Freshly brewed 100% Columbian coffee, decaffeinated coffee and select teas. Assorted chilled fruit juices, soft drinks, and bottled water.

MORNING MEETINGS

Package One

Continuous Refreshment Station
Continental Breakfast
Function Room Rental

Package Two

Continuous Refreshment Station Great
Canadian Breakfast Buffet
Function Room Rental

AFTERNOON MEETINGS

Package One

Continuous Refreshment Station
Cold Lunch Buffet [Choice of Two Salads, One
Sandwich & One Dessert]
Function Room Rental

Package Two

Continuous Refreshment Station
Hot Lunch Buffet [Choice of Two Salads OR
One Soup and One Salad, One Pasta, One
Entrée Served With Side Dishes
and One Dessert]
Function Room Rental

Minimum numbers apply – groups with less than the minimum may be subject to a function room rental.
Prices subject to 13% HST and 18% Service Charge.

REFRESHMENT STATION

(Served with each meeting package.)

Freshly brewed 100% Columbian coffee, decaffeinated coffee and select teas. Assorted chilled fruit juices, soft drinks, and bottled water.

BREAKFAST BUFFETS

CONTINENTAL BREAKFAST

Freshly baked assorted Danishes, muffins and croissants served with fruit preserve and butter
Seasonal sliced fresh fruit platter

GREAT CANADIAN BUFFET BREAKFAST

Freshly baked assorted Danishes, muffins and croissants served with fruit preserves and dairy butter
Seasonal sliced fresh fruit platter

Farm fresh scrambled eggs, crispy bacon, or breakfast sausage and home fried potatoes

substitute turkey sausage available upon request

EXECUTIVE BREAKFAST

(Speak to your sales representative for pricing.)

Your choice eggs served in two styles:

Poached egg with peameal bacon on an English muffin topped with Hollandaise sauce

Poached eggs with asparagus on English muffin with sage butter

Western omelet (green pepper, onion and ham)

Traditional cheese omelette

Fresh scrambled eggs with chives

Eggs Florentine (scrambled eggs with spinach)

Breakfast Includes:

Home fried potatoes with onions, red and green peppers

Choice of 2: chouriço, farm sausage, peameal bacon or crisp bacon

Single serving yogurt (fruit and plain)

Freshly baked Belgian waffles served with warm fruit compote, maple syrup and butter

Assorted freshly baked pastries to include muffins, Danishes and croissants

Fruit kebabs (to include pineapple, honeydew, cantaloupe, strawberries)

BREAKFAST ENHANCEMENTS



LIVE OMELETTE STATION

Made to order with choice of fillings: bacon, ham, onion, mushroom, tomato, peppers, spinach and feta, or cheddar cheese.

BURRITO BAR

Scrambled egg, spicy grilled chorizo, diced tomato, jalapeno peppers, sour cream, salsa, Tex-Mex cheese, and scallions wrapped in a soft sheet tortilla (white or whole wheat).

ASSORTED CHEESE & COLD CUT PLATTER

Accompanied with bagels, sliced white and whole wheat breads and English muffins served with cream cheese and dairy butter. (Includes toaster station).

BREAKFAST SANDWICHES & HASH BROWNS

Complete with egg, cheddar cheese and choice of bacon or peameal served on a toasted English muffin. Accompanied with crispy hash browns.

PARFAIT BAR

Plain Greek or vanilla yogurt accompanied with assorted berries and granola. Served with honey.

ASSORTED BOXED CEREALS

Served with 2% milk, bananas and assorted berries.

SNACKS



MID-MORNING SNACK

Granola and nutri-grain bars served with whole fruits.

Mini quiche (vegetarian and meat - served warm).

Build your own yogurt parfait with granola, assorted berries and honey.

Assorted single serving yogurts.

Cubed cheddar and provolone cheese with dried cranberries and toasted almonds.

MID-AFTERNOON SNACK

Assorted freshly baked cookies and brownies

Trail mix and popcorn

Assorted individual bags of potato chips and chocolate bars

Cubed cheddar and provolone cheese with dried cranberries and toasted almonds.

Raw vegetable crudité served with dip

Hummus and Mediterranean spreads served with pita bread and flat breads .

Assorted nacho chips served with homemade salsa, Tex-Mex cheese, jalapeño peppers, sour cream and fresh cilantro.

Specialty coffee cakes: banana, apple/cranberry, lemon, poppy seed, and carrot

SOUPS

Beef Barley, Cream of Leek and Potato, Chicken Gumbo, Toscana Minestrone, Stracciatella, Tomato Bisque, Roasted Butternut Squash, Cream of Broccoli or Wild Mushroom

SALADS

Marinated Pasta Salad

Consisting of sweet bell peppers, onions, black olives, cherry tomatoes, and feta cheese.

Creamy Coleslaw

Crispy cabbage and carrots tossed in a tangy and seasoned mayonnaise dressing.

Red Potato Salad

Slightly smashed baby red potatoes served in a mayo and sour cream dressing with fresh dill.

Garden Salad

Mixed baby greens, radicchio red leaf lettuce and romaine lettuce served in a homemade honey balsamic vinaigrette.

Baby Spinach Salad

Fresh spinach mix topped with apple slices, caramelized pecans, and crumbled Feta cheese served in a balsamic vinaigrette dressing.

Mediterranean Quinoa Salad

With chickpeas, red bell pepper, Kalamata olives and Feta cheese served in a balsamic vinaigrette.

Greek Salad

Iceberg lettuce, Feta cheese, Kalamata olives, tomato, cucumber, green pepper, red onion served in an oregano vinaigrette.

Caesar Salad

With Romaine lettuce, fresh croutons, parmesan, bacon bits (on the side) and homemade dressing.

Mixed Organic Greens

Medley of baby lettuces, julienned carrots and red cabbage with balsamic vinaigrette.

SANDWICHES

Applicable to complete meeting Package One.



Big & Hearty

Assorted sandwiches on a selection of rustic breads fillings to include roast beef caramelized onions & provolone / black forest ham, grainy mustard & Swiss / smoked turkey and tomato chutney / tuna and Swiss, roasted vegetables and goat cheese.

It's a Wrap

Assorted wraps to include plain, spinach and whole wheat. Variety to include chicken Caesar, roast beef, tuna and egg salad, corned beef, vegetarian and honey glazed ham.

Montreal Deli Style Sandwiches

Build your own warm sandwich on rye and toasted baguettes hot steamed, shaved, cracked black pepper pastrami herb roasted, thinly sliced AAA top sirloin of beef assorted grilled vegetables accompanied with Russian dressing, pommery mustard, and dill pickles crisp waffle fries.

PASTAS

DRY PASTA

Penne | Fusilli | Farfalle | Casareccia | Rigatoni | Fettuccine

STUFFED PASTA

Tortellini di Ricotta | Ravioli di Ricotta | Agnolotti di Ricotta

SAUCES

Alla Panna [Cream sauce]

Al Sugo [Plum tomato and fresh basil sauce]

Rose Sauce [Cream infused tomato sauce]

Pesto [Fresh basil, crushed garlic, olive oil, pecorino cheese]

Alla Vodka [Rose sauce with bacon and vodka sauce]

Alla Bolognese [Tomato sauce with ground beef]

Primavera [Rose or al sugo with a medley of fresh vegetables]

RISOTTO

Mushroom Risotto | Asparagus Risotto | Lobster and Saffron Risotto*

Butternut Squash and Pancetta Risotto

Lemon and Baby Spinach Risotto

FAVOURITES

Casarecce al funghi in a light cream sauce.

Giglio pasta with bacon and roasted vegetables in a cream sauce.

Penne with bacon, cherry tomato in a pesto cream sauce.

Fettuccine with roasted garlic, croutons and rapini.

Penne primavera, medley of vegetables in a tomato sauce.





ENTRÉE

Veal or Chicken Parmigiana

Tender veal or chicken served in a tomato sauce and topped with melted provolone and topped with mashed potatoes and cheese.

Beef Bourguignon

Slow cooked, cubed beef braised in a red wine with carrots, pearl onions and mushrooms.

Veal or Chicken Scaloppini

Tenderized, lightly floured and served in a marsala mushroom sauce.

Shaved Roast Beef

Slow cooked and served in a rich natural jus.

Chicken Al Limone

Served in a lemon herb and white wine reduction.

Portuguese Style Chicken

Traditional Portuguese chicken has become a house specialty and one of our most popular menu items with our repeat customers.

Seared Breast of Chicken

Roasted to perfection and served in a rosemary infused natural jus.

Chicken or Pork Souvlaki Skewers

Grilled to perfection and served with homemade tzatziki sauce.

Chicken or Beef Stir Fry

Served with noodles or rice.

Italian Sausage

Oven roasted Italian sausage served with sautéed onions and sweet peppers.

P E S C A T A R I A N

Atlantic Salmon Filet

Served in a ginger glaze.

Filet of Sole or Cod Loin

Lightly floured with fresh herbs.

V E G E T A R I A N

Oven Baked Eggplant Parmigiana

Thinly sliced eggplant lightly battered and layered with tomato sauce and freshly grated Parmigiano cheese and mozzarella.

Stuffed Sweet Bell Peppers (Vegan)

Red and yellow sweet bell peppers served in a light tomato sauce and stuff with wild rice and lentils.

Ginger Vegetable and Tofu Stir-Fry with Steamed Rice (Vegan)

Soy Chicken Ratatouille

S I D E S

A Seasonal Medley of Vegetables (Please select one)

Steamed Vegetables | Stir-fry Vegetables | Roasted Vegetables

Rice or Potato (Please select one)

Roasted Potatoes | Mashed Potatoes | Cajun Roasted Potatoes

Parisienne Potatoes | Vegetable Fried Rice | Mushroom Rice with Shallots Jasmine Rice

DESSERT

Assortment of freshly baked European pastries Decadence platter to include freshly baked cookies, brownies, and Nanaimo squares

Cheesecake served with a berry coulis

Tiramisu served with a decadent chocolate sauce

Carrot Cake

Strawberry Shortcake with a strawberry coulis

Apple Crumble





CLOSING MIXER

OPTION 1 | \$35

Chef's Choice of Hot & Cold Hors D'oeuvres

Passed Butler-Style
(3 pieces per person)

Cheese & Fruit Display

Selection of fine Domestic and Imported cheeses garnished with grapes and accompanied with assorted flatbreads, bread sticks and crackers.

Standard Open Bar

(2 hours)

OPTION 2 | \$45

Chef's Choice of Hot & Cold Hors D'oeuvres

Passed Butler-Style (3 pieces per person)

Charcuterie Board

Assorted selection of Salami and gourmet cheeses. Accompanied with sweet and savory antipasto items. Served with assorted flatbreads, crackers, bread sticks and focaccia spears. Served with Mediterranean spreads.

Crudit  with Dip

An array of fresh vegetables served with our signature dip

Standard Open Bar (2 hours)

